

COMMUNITY INDICATORS OF ACTIVITY FRIENDLY COMMUNITIES

Based on a collaborative effort between the Robert Wood Johnson Foundation and Saint Louis University School of Public Health

1. **LAND USE ENVIRONMENT** – Presence of integration between residential and commercial land uses in dense population areas
2. **FACILITIES** – Availability and accessibility of facilities or natural features for activity
3. **TRANSPORT ENVIRONMENT** – Availability and accessibility of competitive transport alternatives and infrastructure (e.g., transit, sidewalks, bike lanes)
4. **AESTHETICS** – Presence of attractions and comforts as well as absence of physical disorder
5. **TRAVEL PATTERNS** – Frequency of non-motorized transportation (varied by trip purpose and/or trip distance)
6. **SOCIAL ENVIRONMENT** – Presence of protective social factors and absence of social disorder
7. **LAND USE / ECONOMIC** – Availability of local government funds for parks and recreation facilities
8. **TRANSPORT / ECONOMIC** – Availability of local government and highway funds for sidewalks and bike lanes
9. **ORGANIZATION / POLICY** – Availability of institutional or organizational incentives for travel by non-motorized transportation modes (e.g., worksite reimbursement, walk-to-school programs)
10. **PROMOTION** – Presence of community-wide campaigns to increase active living

(The **bold** text indicates the domain of the indicator)

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